



Hougang Sports Hall
93 Hougang Avenue 4
#01-02
Singapore 538832

SELECTION POLICY AND CRITERIA FOR INDOOR HANDBALL

1. Introduction

In principle, HFS believes that for such Major Games, representing Singapore is a privilege and shall be accorded to the best in the country. In addition, we feel that we must include a few younger ones with good potential for exposure. This is to nurture them to carry our torch as we progress towards our Olympic dream.

2. Mandatory Requirements

There are certain mandatory requirements as required by the Organising Committee and the International Handball Federation which must be fulfilled. These mandatory requirements are:

- a) Singapore Citizen (and should not be holding dual citizenship if they are above 21 years old, at the time of nomination); and
- b) Should a player have represented another country at a World Championships or World Youth Championship they must first receive a clearance from the International Handball Federation (IHF) before being eligible to represent Singapore.

3. Asian Games 2022

Subject to any changes by the Organising Committee, Men's and Women's Team Championships will comprise of a maximum 16 players.

A maximum of 16 athletes to participate in the Asian Games 2022 – Indoor Handball event.

4. GOALS & OBJECTIVES

To achieve a podium finish in the event.



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5. SELECTION COMMITTEE

The selection Committee will be made up of the 7 following members:

- i. President (HFS)
- ii. Vice President (HFS)
- iii. General Secretary (HFS)
- iv. Vice President (High Performance)
- v. Coach for National team (Head coach)
- vi. Coach for National team (Assistant coach)
- vii. VP outreach

6. ELIGIBILITY & CONSIDERATION PERIOD

- i. All achievements should include results from Asian Games 2018 and regional competition starting **20 August 2021 till 30 July 2022**. Pursuant to the Olympic Charter (By laws to Rules 27 and 28, paragraph 2.1), "Selection shall be based not only on the sports performance of an athlete, but also on his ability to serve as an example to the sporting youth of his country."
- ii. All athletes must be Singapore Citizens at the time of nominations; and fulfil the eligibility under the regulations from the SEA Games Federation, Asia Handball Federation and South East Asia Handball Federation.
- iii. All athletes must maintain their membership with the Handball Federation Singapore (HFS) during the period in (i);



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7. SELECTION CRITERIA

i. 16 athletes for court handball with the highest National Ranking points (after consideration of achievement in respective indoor and beach handball, and the physical testing: refer to Annex B for the ranking system) will be nominated for consideration by the Selection Committee of the Singapore National Olympic Council (SNOC);

ii. The Singapore team have to be currently ranked 6th among the Asian Games countries - in accordance to SNOC's Selection Criteria for the athletes to be nominated.

iii. All interested athletes are to participate in both the Open Selection and the events as mentioned below.

- A. Open Selection Trial Phase 1 (July 2021)
- B. Asian Women Championship (Sep 2021)
- C. Asian Men Championship (Jan 2022)
- D. Open Selection Trial Phase 2 (April 2022)
- E. 4V4 Court handball internal ranking competition (July 2022)
- F. Final Selection Phase (August 2022)
- G. Physical testing in (Jan 2022, March 2022, May 2022, July 2022)

iv. Other factors (non-exhaustive)

Clash of dates with other competitions

Sickness / illness and/or injuries



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Records with the Federation

Attendance of the player between Phase 1, Phase 2 and Final Phase

8. SELECTION PROCESS

- i. The selection policy and trials will be published on HFS Website.
- ii. There will be another final selection in August 2022 after the conclusive consideration of the possible overseas games in Taiwan and Thailand should covid-19 restriction ease up. All participants have to fill up a hardcopy of Annex A and bring it down during the selection trials.
- iii. Two weeks before the final deadline for the submission to SNOG, the Selection Committee meeting will be convened to select the final list of players based on the above criteria. The first list of 25 players (inclusive of both court and beach handball) who are selected for Asian Games have to fulfil all training requirements set by the National Coaches and Selection Committee.
- iv. The selection Committee reserves the right to change the nomination for the team before the Asian Games Team Managers' Meeting.

9. CODE OF CONDUCT

If players exhibit behavior during the training and overseas competition that maybe considered damaging to the image of the Singapore team, HFS Disciplinary Committee will decide on the punishment. The player may have to take responsibility for the total cost of the



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event (travel, hospitality and entry fees). There may be further action such as suspension from future local and overseas competitions based on the severity of the incident.

10. APPEAL PROCESS

Appeal against the non-selection must be made in writing to the President (HFS), at the following address within 48 hours of the announcement of the payers selected for the SEA Games.

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- i. The sole ground for any appeal is that the selection process was not properly followed.
- ii. An appeal must be made in writing with supporting documentation and must be accompanied by the deposit of S\$100.00, payable to the Handball Federation Singapore. If the appeal is successful, the deposit will be refunded in full.
- iii. There will be an Appeal Committee (comprising of members not involved in the actual selection process) to investigate the issues of the appeal with all the involved parties.
- iv. HFS will, in writing, inform all parties about the Appeal Committee's decision to either uphold or reject the appeal. The decision of the Appeal Committee will be final and no further correspondence will be entertained.
- v. Nomination of the Selection & Appeals Panel – panel lists are eligible to be on the panel provided they do not have a blood-relative in the selection pool. Nominees will be announced, subject to panel lists work exigencies, and will be made known to athletes in due course



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Annex A

National Team Player's Trial Application form

Complete this form and bring forth during the selection.

Please refer to the Selection Policy eligibility before signing up, especially on the consideration that the player will be of added value to the team and willingness to represent Singapore.

Insert Passport
Size Photo

Player Information

Name (as per NRIC)		Pink IC	YES/ NO
Date of Birth (dd/mm/yy)		Country of Birth	
Club/sch:		Height (cm):	Weight (kg):
Position:		Master hand	L / R
Contact number:	(home)		(mobile)
Email:			
Handball experience and achievement (for court handball, experience in court handball only) (for beach handball, both court and beach handball experience)			
Areas of strengths			



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Other Sports experience	
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Annex B

Criteria 1A: Team and individual Achievement (in the top 5 teams of local competition)

Year	Nature of competition (NYHL,NHL,SUNIG,POLITE)	Placing	Remarks (individual achievement: mvp, top scorer, best gk)
2019			
2020			
2021			



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2022			
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Criteria 1B: Team and individual Achievement

Year	Nature of competition (JULY 2021 RANKING COMPETITION)	Placing	Remarks (individual achievement: mvp, top scorer, best gk)
2019			
2020			



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2021			
2022			

Criteria 2: Physical testing ranking

Item	Regional Average	Current status	Local Ranking
Height			
Standing Reach			
Standing Jump Reach			
Running Jump Reach			
Beep test			
1RM Squats			
1RM Deadlift			
1RM Chest press			
1RM Shoulder Press			
Shooting speed			
Grip strength			